

**Janetti Marotta, Ph.D.**  
Licensed Psychologist  
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**CONSULTATION: EMBRYO DONOR**

Psychological consultation is an important part in helping to determine readiness to donate your embryos. It also presents the opportunity of understanding the issues and implications of embryo donation and any concerns or questions you may have.

Thank you for completing this questionnaire and bringing it with you to the consultation. The questionnaire includes information discussed in the session and included on the report to FPNC. Attached are consents to sign and directions to my Palo Alto home office. If married or in relationship, complete the questionnaire together, and attend the consultation as a couple. We need a full hour to meet, so please be on time taking morning traffic into account. Looking forward to meeting with you.

Identifying Information

Name

- Address
- Phone
- Email

Age & Date of Birth

Marital status

- If married, how long?
- If in a committed relationship, how long?
- If in relationship, how stable is your marriage/relationship?

Children--ages

Occupation & past employment

## Education

### Stress

Stressors—Do you have any current life stressors that present a significant challenge?

- What do you do to deal with stress and is it effective?

### Background

Do you have a history of—past or present-- (if so please explain)

- legal problems?
- problematic use of drug or alcohol?
- emotional problems?
- inpatient counseling?
- outpatient counseling?
- psychoactive medications (i.e. anti-depressants)
- abortion?
- high risk sexual practices?
- abuse (physical/sexual) or neglect?
- trauma?

### Infertility History

What was your infertility history, and how difficult or traumatic was it?

### Family History

Do you have a family history of—past or present-- (if so please explain)

significant losses or crises (i.e. divorce, death, disability)?

conflict in primary relationships?

serious family medical problems? (self and donor if applicable)

major family psychiatric and personality disorders? (self and donor if applicable)

substance abuse in first-degree relatives? (self and donor if applicable)

### Embryo Donation Issues

Do you feel conflicted, in any way, around donating your embryos? If so, why?

Do you have any questions or concerns about embryo donation?

Why do you want to donate your embryos?

Do you have a history of donating, volunteering, or extending for others?

How emotionally attached do you feel to the embryos?

How comfortable do you feel about your child/children having genetic siblings raised by different parents, and how comfortable do you feel?

Have you shared your desire to donate your embryos to others? Why or why not?

Are those you have shared with supportive of embryo donation?

What will you tell your child/children about donating your embryos to another family, and having genetically related siblings?

Do you prefer for this donation to be anonymous, or to meet the intended parents?

Are you comfortable with the possibility of the potential future child contacting you or your child/children after he/she turns 18 y/o?

How do you anticipate feeling if treatment is successful or if it fails?

Personal characteristics

Do you consider yourself:

- empathic?
- able to set good limits?
- flexible?
- able to make sound decisions?
- able to think clearly and abstract?
- able to predict own behavior?

Do you have ethical/religious/moral viewpoints that conflict with embryo donation?

Even though these are not decisions you need to make, would you be ok if the intended parents had a:

- Genetic abortion (for genetic defect)?
- Selective reduction (reducing to twins due to compromising pregnancy)?

I authorize my consent to release information regarding readiness to donate my embryos to the clinic +/or agency specified above.

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Signature

date

---

Signature

date

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## **Informed Consent for Psychological Consultation for Embryo Donation**

Psychological consultation is an important part of determining your readiness to donate your embryos. This consultation will help to ensure that donating your embryos will not be harmful to your mental or emotional health. It will also provide you with an opportunity to discuss any concerns or questions you may have with a mental health professional that specializes in this area.

I give my written consent for psychological consultation to provide feedback regarding readiness to donate my embryos. Psychological consultation consists of an interview with Janetti Marotta, Ph.D. who specializes in this area. The interview includes questions about my personal history, current relationships, reproductive history and family history.

The records of the consultation will remain in the confidential files of the psychologist and a consultation report is forwarded to the referring agency +/- fertility clinic. I understand I will not receive feedback from Janetti Marotta, Ph.D. pertaining to the consultation.

If the psychologist feels you could benefit from contact with other psychological resources, she will provide referrals for you.

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Name	Signature	Date
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I authorize my consent to release information regarding readiness to be an egg donor to the clinic +/- or agency specified above.

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Name	Signature	Date
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## **Informed Psychological Consent**

It is impossible to state with any degree of certainty or specificity the psychological implications of donating your embryos. We have discussed feelings and thoughts related to embryo donation so that you can make a responsible and informed decision.

A number of areas of potential difficulty were discussed, including (1) curiosity regarding the potential child or children, (2) break in the connectedness and continuity traditionally experienced in a parent-child relationship, and (3) possible feelings and questions that may arise in the future.

By signing this document, you acknowledge that you have been informed of the potential issues involved with your participation in embryo donation to the best of our ability at this time. You acknowledge that you are a willing participant as an embryo donor and that neither Janetti Marotta, Ph.D. nor anyone else in the embryo donation program has acted in a coercive manner or pressured you to participate in any way.

\_\_\_\_\_  
Embryo donor signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Embryo donor's husband/partner

\_\_\_\_\_  
Date

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### **101**

Exit Embarcadero Rd/Oregon Expressway

Take Oregon Expressway

Turn Right on El Camino Real (right after underpass)

Turn Left on Stanford Ave (3rd traffic light--left hand turn lane) Go ¼ mile.

House is after Bowdoin St (stop sign) & University Lutheran Church (corner)

*Note: if you mistakenly head West on Embarcadero from 101 instead of on Oregon Expressway turn Left on El Camino and Right on Stanford--this way is just as good*

1655 Stanford Ave. is next door to the Lutheran church and only house on block. ***It is not visible from street due to palm & oak trees in front, so don't try to locate it when you're driving. Just park when you've passed Bowdoin (stop sign).*** Cars are only permitted to park along Stanford Ave. on the left side of street, and can remain for 2 hours without being ticketed.

#### **Please note: Office is in the back of my house**

Once you park on Stanford Ave, you will see a walking bridge that enters the property. Continue straight; through the gate (my business card is on the gate) into the backyard.

Follow the path into the small backyard. You will see an indoor/outdoor waiting room. Please make yourself comfortable on the couch. There's hot water for tea.

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### **280**

Exit Page Mill Rd (head East on Page Mill)

Turn Left at Junipero Serra/Foothill Expressway

Turn Right at first light--Stanford Ave. Go ¼ mile.

House is before Bowdoin St. (stop sign) & University Lutheran Church (corner)

1655 Stanford Ave. is next door to, or right before, the Lutheran church and is the only house on block. ***It is not visible from street due to palm & oak trees in front, so don't try to locate it when you're driving. Just park on the block before Bowdoin (stop sign).*** Cars are only permitted to park along Stanford Ave. on the right side of street, and can remain for 2 hours without being ticketed.

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