

Janetti Marotta, Ph.D.
Licensed Psychologist
1655 Stanford Ave. Palo Alto, CA 94306
650 494-2347
janetti@janettimarotta.com www.janettimarotta.com

CONSULTATION: SPERM DONOR

Psychological consultation is an important part of determining your readiness to become a sperm donor. This consultation will help you determine if participation in sperm donation is right for you and provide an opportunity to discuss concerns or questions you may have. Please complete this questionnaire and bring it with you to your individual 1-hour appointment.

Identifying Information

Name

Home address, telephone number, and email address:

Age & date of birth

Marital status—time in relationship &/or married

Children--ages

Occupation & past employment

Education

Interests

Medical Health & Life Style

Please describe:

- medical health (please list any issues)

- self-care (diet, exercise, sleep)

- level of stress or responsibility/demands

Background

Do you have a history of (if so please explain)

- legal problems?
- past or present problematic use of drug or alcohol?
- past or present psychiatric problems?
- inpatient or outpatient psychiatric counseling?
- previous abortion(s)?
- physical or sexual abuse?

Family History

Do you have a history of (if so please explain):

- past or present significant losses or crises
- conflict in relationships
- extended family divorce/step-parents/deaths

Please briefly describe your family of origin and upbringing:

IUI/IVF Potential Issues

Though these are not issues that directly pertain to you, is it acceptable if the intended parent(s) makes the following IVF or IUI related decisions:

- | | | |
|--|------------|----------------|
| • Genetic abortion (if there is a genetic defect) | acceptable | not acceptable |
| • Selective reduction (to twins) | acceptable | not acceptable |
| • Carrying multiples (3 or more fetuses) | acceptable | not acceptable |
| • All options for disposition of unused frozen embryos | acceptable | not acceptable |

(disposing, donating to science, donating to individual/couple)

What do you anticipate to be the potential impact on the relationship between you and the intended parent(s)?

What have you and the intended parent(s) decided on disclosure to the child and how/when will the child be told?

What role/relationship have you and the intended parent(s) decided you will have with the child?
How will the child refer to you?

Has the intended parent(s) discussed with you the need for separate legal contract and do you understand the terms?

What are the expectations or agreements around financial or work-related compensation?

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Informed Consent for Psychological Consultation for Sperm Donation

Psychological consultation is an important part of determining your readiness to become a sperm donor. This consultation will attempt to help you determine if participation in sperm donation may not be harmful to your mental or emotional health. It will also provide you with an opportunity to discuss any concerns or questions you may have with a mental health professional that specializes in the area of third-party parenting.

I give my written consent for this psychological consultation to evaluate my readiness to participate as a sperm donor. Psychological consultation consists of an interview with Janetti Marotta, Ph.D. who specializes in this area. The interview includes questions about my personal history, current relationships, and family history.

The records of the interview will remain in the confidential files of the psychologist, and an evaluation report is forwarded to the referring agency +/-or fertility clinic. I understand that I will not receive feedback from Janetti Marotta, Ph.D. pertaining to the psychological evaluation.

If the psychologist feels that you could benefit from contact with other psychological resources, she will provide referrals for you.

Name	Signature	Date
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I authorize my consent to release information regarding readiness to be a sperm donor to the clinic +/-or agency specified above.

Name	Signature	Date
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Informed Psychological Consent

It is impossible to state with any degree of certainty or specificity the psychological implications of your participation as a sperm donor.

You have participated in a psychological consultation. We have discussed feelings and thoughts related to sperm donation so that you can make a responsible and informed decision.

A number of areas of potential difficulty were discussed, including (1) contact with the potential child or children, (2) the break in the connectedness and continuity traditionally experienced in a genetic parent-child relationship, and (3) possible feelings and questions that may arise in the future.

By signing this document, you acknowledge that you have been informed of some potential psychological risks involved with your participation as a sperm donor to the best of our ability at this time. You acknowledge that you are a willing participant as a sperm donor and that neither Janetti Marotta, Ph.D. nor anyone else has acted in a coercive manner or pressured you to participate in any way.

Name	Signature	Date
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Partner Informed Psychological Consent

It is impossible to state with any degree of certainty or specificity the psychological implications of your participation as a partner in a donor sperm arrangement. We have discussed feelings and thoughts related to sperm donation so that you can be part of making a responsible and informed decision.

A number of areas of potential difficulty were discussed, including (1) contact with the potential child or children, (2) the break in the connectedness and continuity traditionally experienced in a genetic parent-child relationship, and (3) possible feelings and questions that may arise in the future.

Partner's Name	Partner's Signature	Date
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101 DIRECTIONS

- Exit Embarcadero Rd/Oregon Expressway
- Veer toward Oregon Expressway
- Right on El Camino Real (major intersection after underpass)
- Left on Stanford Ave (3rd traffic light--left hand turn lane)
- 1655 Stanford Ave.—between Bowdoin (stop sign) and Amherst

Note: if you mistakenly head West on Embarcadero from 101 instead of on Oregon Expressway turn Left on El Camino and Right on Stanford--this way is equally good.

El Camino Real to 1655 Stanford Ave is approx. 3/4 mile. House is right after Bowdoin (stop sign). Bowdoin is between Harvard (traffic light) and Peter Coutts (traffic light).

1655 Stanford Ave. is next door to the University Lutheran church and the only house on block. Do not try to locate house while driving, as trees and bushes block it from view. Once parked, you will see the house number and walking bridge that enters the property.

Office is in back of house (please do not come to the front door). From walking bridge, continue straight through the gate (business card on gate) into small backyard. You will see an indoor/outdoor waiting room. Please make yourself comfortable on the couch. There's hot water for tea.

280 DIRECTIONS

- Exit Page Mill Rd (head East on Page Mill)
- Left at Junipero Serra/Foothill Expressway
- Right at first light--Stanford Ave.
- 1655 Stanford Ave.—between Bowdoin (stop sign) and Amherst

Junipero Serra to 1655 Stanford Ave. is approx. 3/4 mile. House is right before Bowdoin (stop sign). Bowdoin is between Peter Coutts (traffic light) and Harvard (traffic light).

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